



RAWAN FAMILY DAY CARE

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# PROGRAMMING AND PLANNING (August-2015)

## Fingers and Toes Activity

Play this classic game with your baby, gently tweaking one toe or finger at a time:



**This little piggy went to market** (start with the big toe or thumb)

**This little piggy stayed at home**

**This little piggy had roast beef** (or pizza or whatever you like)

**This little piggy had none**

**And this little piggy cried "wee, wee, wee, wee" all the way home.**

(On the last line gently twiddle the smallest finger or toe, then run up their arm with your fingers and tickle them under the arm).

Enjoy singing the song "One Little Finger" with your two year old. The child will begin to be familiar with the names of different parts of their body.

## Create a Ball Pit



Fill an inflatable pool or playpen with a set of 100 "replacement" balls and you have hours of entertainment with the baby! In case you can't find balls..Buy pool noodles and cut them into smaller pieces to replace the balls.

## Blow bubbles



Babies are delighted by bubbles! At a very early age, bubbles can support baby's vision development. Later, it will support her fine motor skills as she tries to pop the floating bubbles.

## Painting



You can limit the mess by putting paint in snap lock bags and letting the baby swirl, squish and press the paint around in the bag. Make it a true sensory experience (and full body one too) and let the baby apply paint to a canvas. You will end up with a masterpiece at the end.

## Toddler's Activities

### Tea party



On a sunny day take a toy tea set outdoors and fill a large plastic basin with water. Pretend you've 'come to tea' and encourage your toddler to fill the teapot and pour out the tea. This fun game will challenge your baby's co-ordination skills and help them learn about the properties of water - for example, that it always flows down, not up.

## Odd man out



Ask toddlers to point out which object doesn't fit. For instance, two apples and an orange: Which one doesn't belong? This helps toddlers understand the concept of things that are the "same" or "different."

## One for you, one for me

This is a basic counting game. Choose something interesting, like Cheerios, blocks, or other toys, and ask your toddler to count them out. One for you, one for me. This gives your child a sense of counting and numbers.

## Create a colour collage

This activity focuses on favourite colours and shapes. Learn shapes and colours as well as many other skills with this collage on your favourites. The kids will love displaying their artwork for everyone to see.



### What You Need:

- coloured paper
- scissors
- glue
- poster paper

### Activity:

Ask the child to choose their favourite colour and use it as a background colour. This is created with the poster paper.

Cut out shapes from your coloured paper and stick them down. These could be stuck in any fashion you like - overlapping, in lines, bordering a project, anything you like.

Create your collage with contrasting colours or those of a similar hue and make an eye catching piece to display.

## Nature Colours



### Materials

- Plants and flowers collected on a walk
- Crayons
- Paper

### Directions

1. Go on a walk with your child, and bring home a variety of plants and flowers, such as grass, leaves, dandelions, and so on.
2. Spread them out on a table in your backyard.
3. Encourage your child to draw a picture using only crayons in colors that match the items you have collected.

## Pre-Schooler Activities

### Growing Plants



### Materials

- Seeds
- Shallow dish of water
- Planters
- Potting soil

## Directions

1. Preschoolers will be fascinated to see how plants grow from seeds or cuttings.
2. Soak seeds from an orange, apple, grapefruit, lemon, or lime in water for a day or two.
3. Fill several planters with potting soil and place three or four seeds in each one about half an inch deep.
4. Water the seeds, place the pots in a sunny spot, and watch for the green shoots to grow.
5. You can try plantings seeds in a pattern or shape: a letter, number, square, or circle.

## Reading a Clock



In these days of digital everything, your child may not see many conventional clocks, but telling time the "old way" is still a skill she should learn.

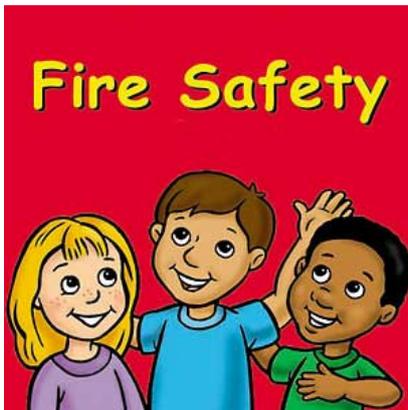
### **Materials**

- Coloured construction paper
  - Scissors
  - Paper plate
  - Paper fastener
- Crayon, pen, or marker

### **Directions**

1. Make a play clock for your child to practice telling time.
2. Cut big and little hands out of coloured construction paper and attach them to a paper plate with a paper fastener.
3. Using a crayon, pen, or marker, number the clock appropriately.
4. Your child can move the hands around the clock as she learns the basics of telling time.
5. Most young children will not learn all the details of telling time--to the quarter hour, to the minute, and so on--but, if they know their numbers up to twelve, they can certainly learn to tell time on the hour and maybe even on the half hour.

## Fire Safety



### Materials

- Paper
- A pencil or pen

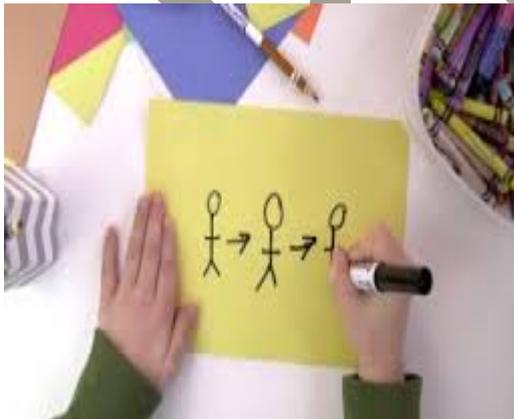
### Directions

1. Contact your local fire department, or check the Web for information about home fire safety.
2. Talk about what you learn as it applies to your home.

### Extensions

- Practice a fire drill and discuss the results together.
- Help your child make a fire escape map of your home.
- Visit and make an escape map for a close family member in another home.

## Picture a Story



### Materials

- Paper
- Crayons or markers

### Directions

1. Have the child draw a series of four or five pictures.

2. Have her then dictate a story to go with each picture.
3. You can write the story on the bottom of the picture as it is told.

## Eggshell collage



### What you need:

- Washed eggshells
- Paint
- Paintbrushes
- PVA glue
- Paper (any colour)
- Newspaper
- Tray

### Activity:

At a newspaper covered bench, paint the eggshells inside and outside.  
Set aside to dry.

When the eggshells are dry hold over a tray and break them into pieces.

Lay out a page of paper and paint with glue.

Stick the colourful eggshell pieces to the wet glue page.

Arrange in patterns or colour groups.

Set aside to dry.

Once dry your child has a beautiful eggshell collage to hang up or turn into a card for someone.

### Notes:

- When painting the eggshells, add glitter to the wet paint to create sparkly eggshells.